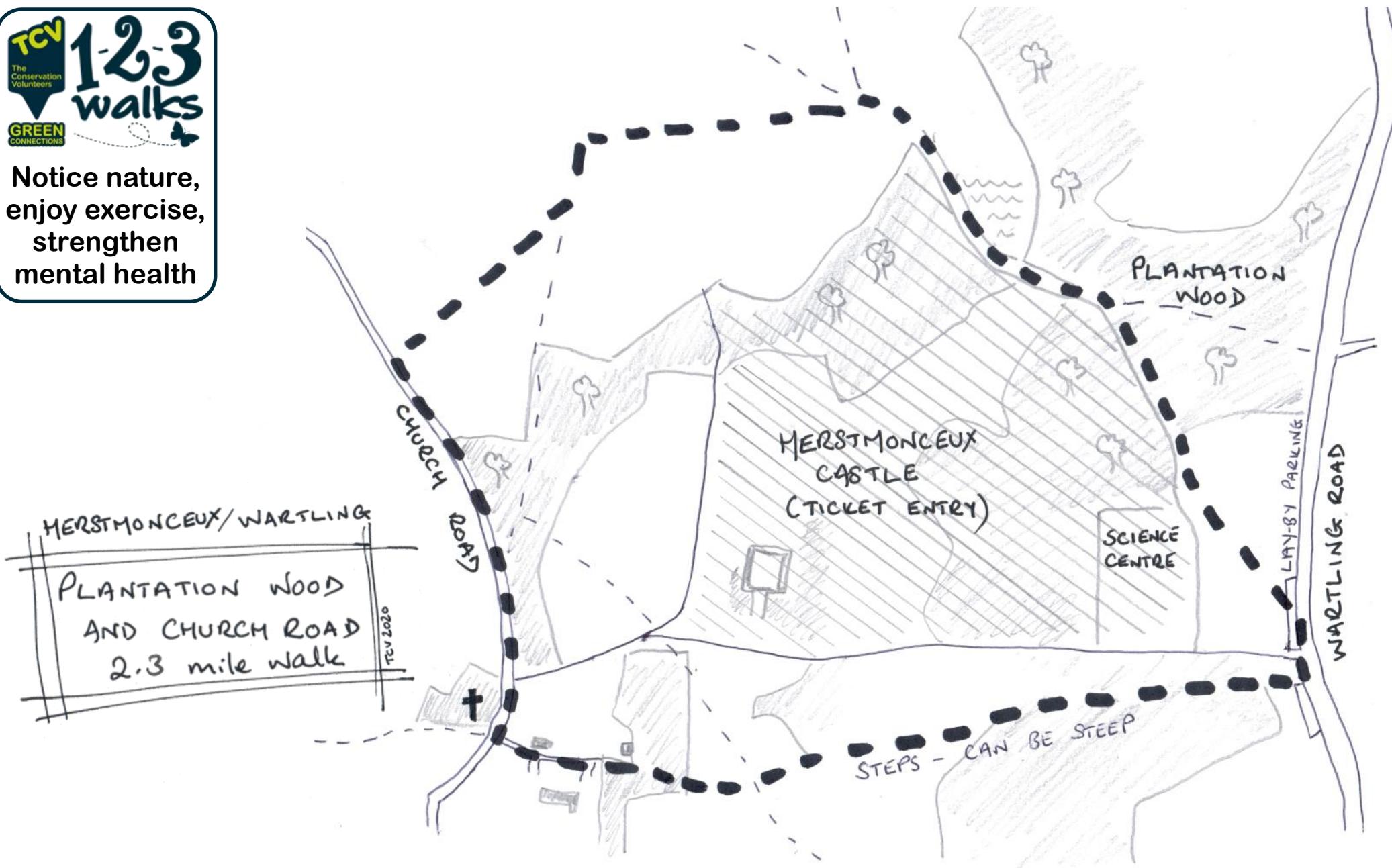


Notice nature,
enjoy exercise,
strengthen
mental health



Description: Very pretty rural footpath loop around the outside of the Castle grounds, including grassland, woods and quiet lane.

Take care: Uneven in places; muddy in winter; one section of lane; long series of big steps; grazing livestock at times.

Difficulty level: Moderate.

Nearby postcode: BN27 1RN