



Description: Part of Rye Harbour Nature Reserve - stunning lakes, wide fields, grazing sheep, a river, a canal and a castle ruin.

Take care: No stiles or steps or gradient, but unsurfaced footpaths in a low, wet area - can get very muddy, can be slippery in places, might be puddles along route.

Difficulty level: Easy if dry; moderate if muddy.

Nearby postcode: TN31 7EL