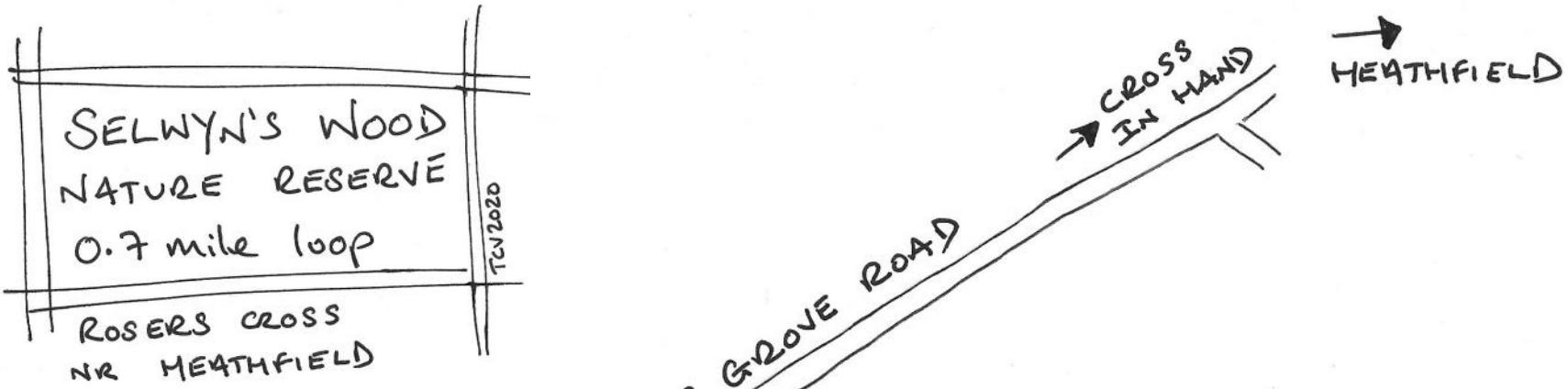


Notice nature,  
enjoy exercise,  
strengthen  
mental health



Description: Small nature reserve with pretty woodland, stream and spectacular heath.

Take care: Woodland footpaths can be uneven in places and might be muddy in winter. One bridge and one set of steps; one length of boardwalk (not included in this route).

Difficulty level: Easy when dry; moderate if muddy.

Nearby postcode: TN21 0QL

