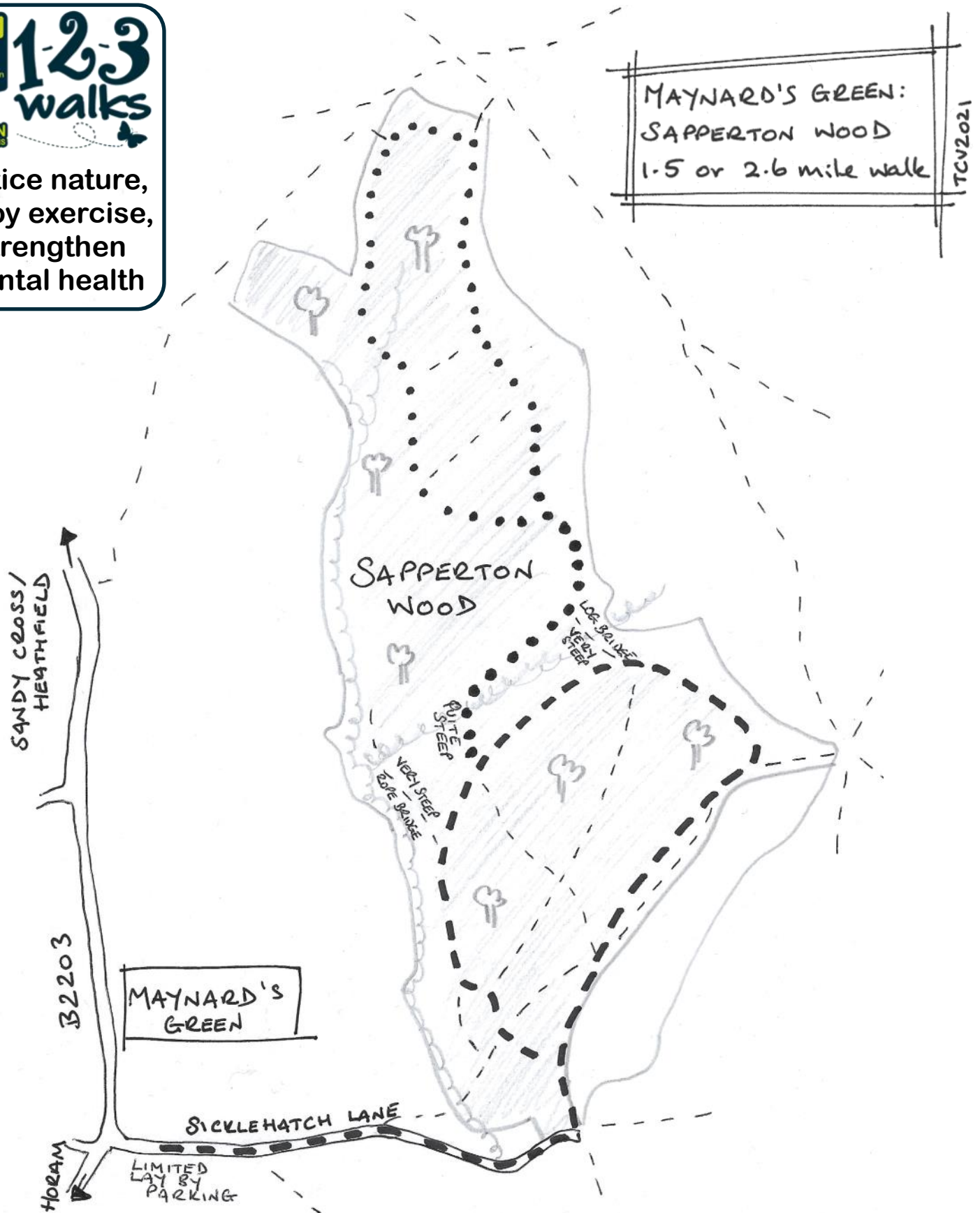


Notice nature,
enjoy exercise,
strengthen
mental health



Description: Pretty woodland with variety of habitats including picturesque steep-sided ghyll. Lane & lower loop: 1.5m walk; add top section for 2.6m walk (slightly more challenging).

Take care: Can be quite steep and uneven in places, especially crossing the central stream into the top half; improvised bridges at either side, advise using central crossing; can be very muddy in winter; lots of trees across paths that have to be climbed over.

Sicklehatch Lane is very narrow no-through road; there is no parking at the entrance of the wood. There is a tarmac lay by at the top of the lane but it is opposite a school, avoid peak times.

Difficulty level: Moderate/slightly challenging.

Nearby postcode: TN21 0DD