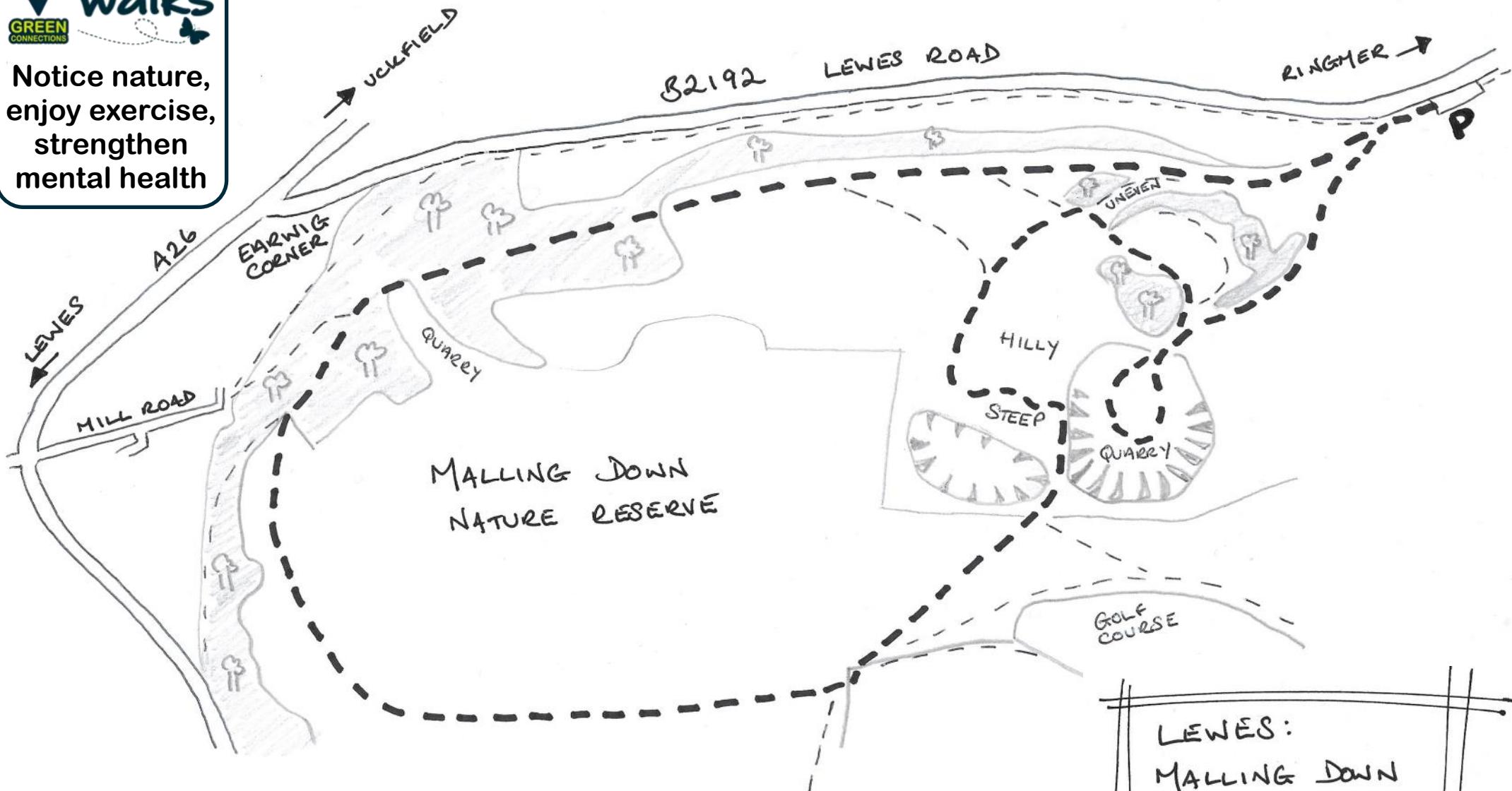


Notice nature,  
enjoy exercise,  
strengthen  
mental health



Description: Chalk grassland nature reserve with superb views and striking quarry faces.

Take care: Steep in places, especially the footpath that weaves through hillocks near the quarry pits; uneven in places; could be muddy in winter; grazing livestock. Footpaths extending south but very steep.

Difficulty level: Moderate/slightly challenging.

Nearby postcode: BN8 5UX (opposite)

LEWES:  
MALLING DOWN  
NATURE RESERVE  
2 mile walk