





1-2-3 walks

Notice nature,
 enjoy exercise,
 strengthen
 mental health

Description: Rural footpaths past windmill, through reed bed nature reserve and pretty woodland.

Take care: Some stiles, some steps, one large foot bridge. Could be uneven in places, potentially muddy in winter.

Difficulty level: Easy when dry; moderate if muddy.

Nearby postcode: TN36 4BJ