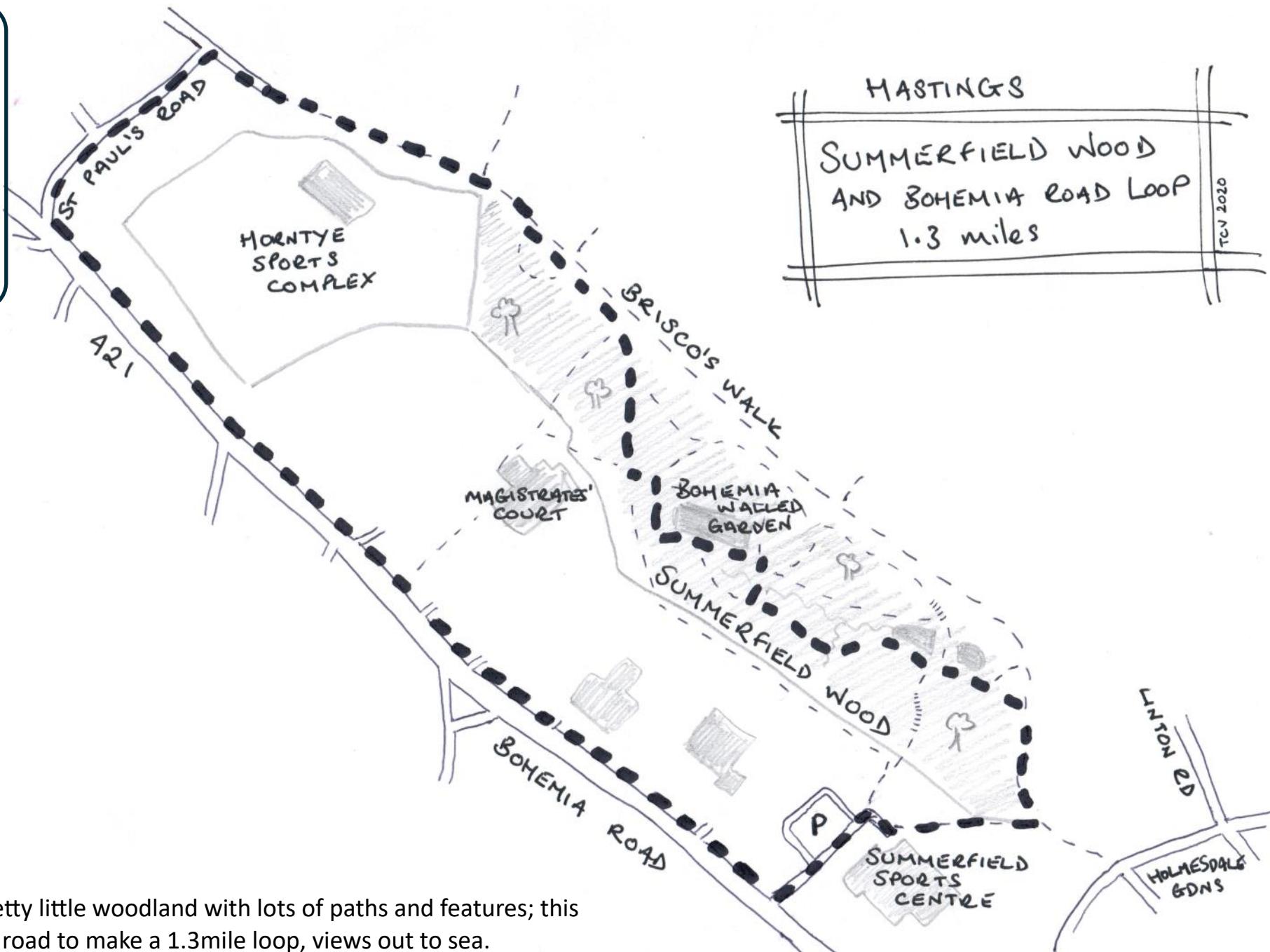


Notice nature,
enjoy exercise,
strengthen
mental health



Description: Very pretty little woodland with lots of paths and features; this route includes some road to make a 1.3mile loop, views out to sea.

Take care: Woodland paths can be uneven or slippery after rain.

Difficulty level: Easy when dry; moderate if muddy.

Nearby postcode: TN34 1ET