

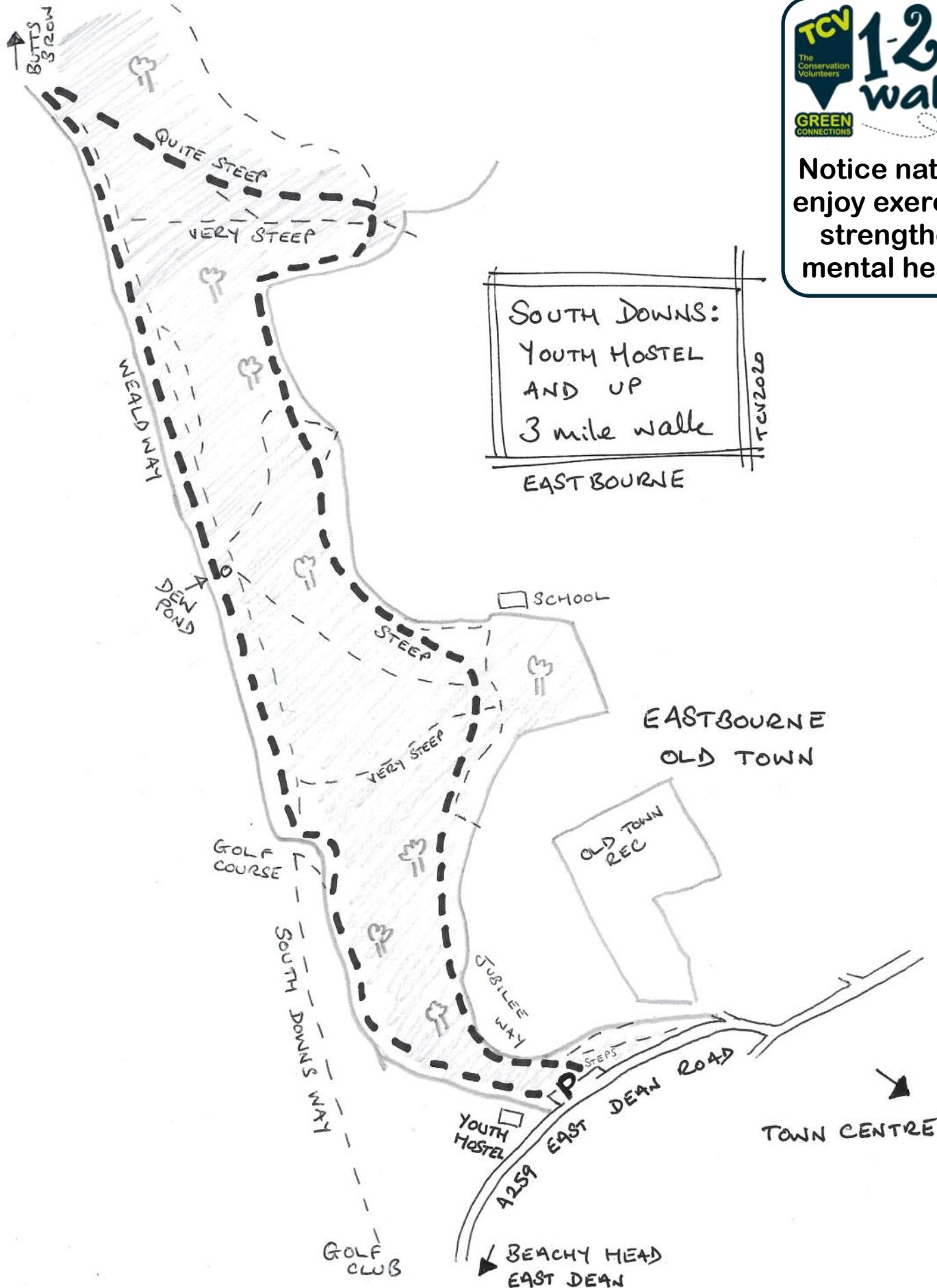


Notice nature,  
enjoy exercise,  
strengthen  
mental health

**SOUTH DOWNS:  
YOUTH HOSTEL  
AND UP  
3 mile walk**

TCV2020

**EASTBOURNE**



**Description:** South Downs loop from Youth Hostel (small public car park), including woodland sections (Jubilee Way) and views from top of Downs.

**Take care:** Jubilee Way is uneven in places and steep at times; paths east to west can be very steep. All paths could be muddy or slippery in winter.

**Difficulty level:** Slightly challenging.

**Nearby postcode:** BN20 8ES