



Notice nature,
enjoy exercise,
strengthen
mental health

Description: South Downs loop from Youth Hostel (small public car park), including woodland sections (Jubilee Way) and views from top of Downs.

Take care: Jubilee Way is uneven in places and steep at times; paths east to west can be very steep. All paths could be muddy or slippery in winter.

Difficulty level: Slightly challenging.

Nearby postcode: BN20 8ES