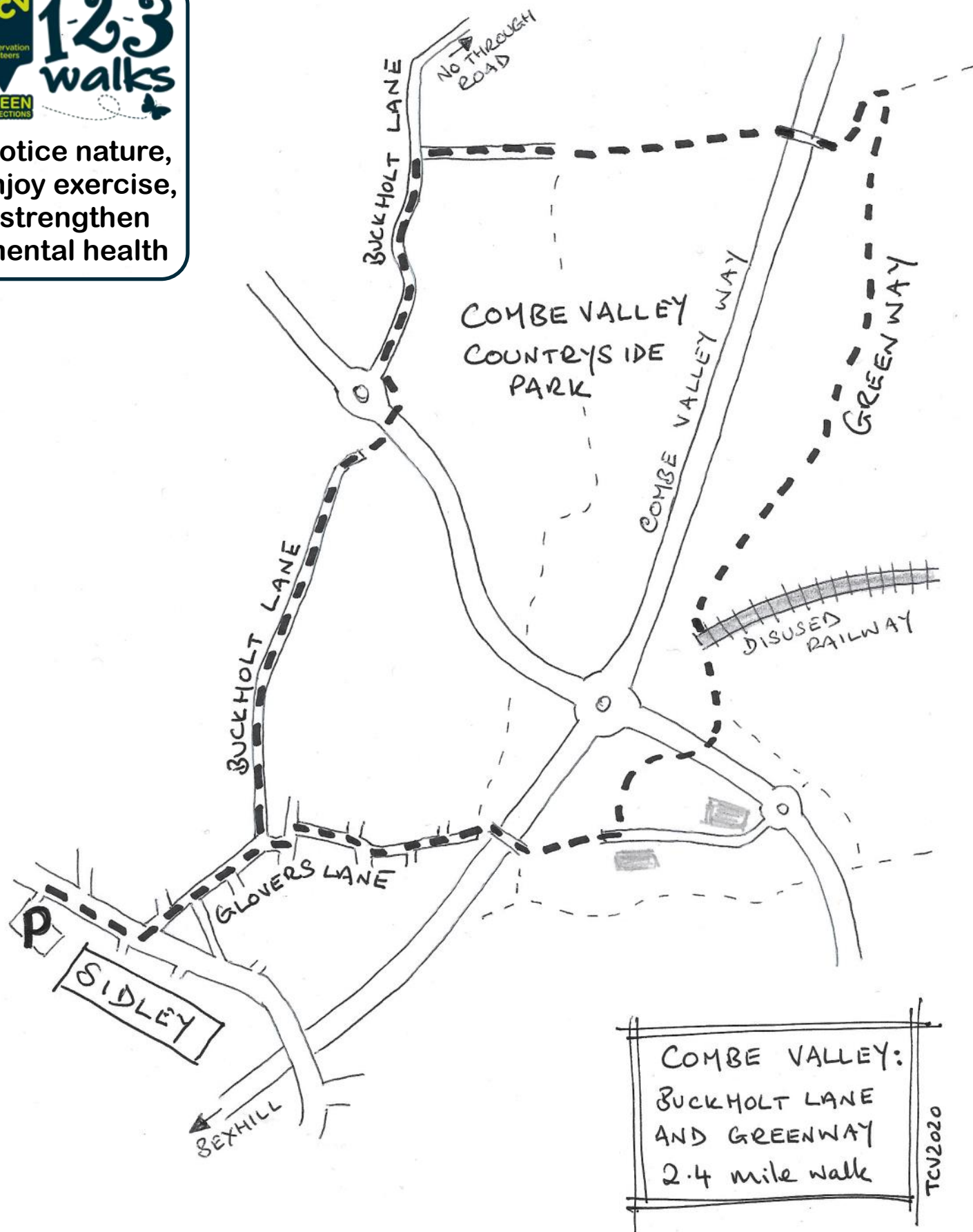


Notice nature,  
enjoy exercise,  
strengthen  
mental health



Description: Accessing the Combe Valley Countryside Park from the Sidley end, starting from the free car park in Sidley High Street, weaving through quiet residential streets, and then venturing into one corner of the park along a no through lane and back along the Greenway (the solid surfaced path through the middle of the park).

Take care: Uneven in places; Buckholt Lane slightly steep. Caution when crossing roads.

Difficulty level: Easy.

Nearby postcode: TN39 5BA